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# STRATEGY CONSULTING

STRATEGY THAT CHANGES YOUR  
WORKPLACE CULTURE

ABOUT

MINDSET  
MATTERS

At Mindset Matters we believe that it's time for workplace wellness to be transformed, from a calendar of events to an organisational culture. We know that prioritising how people feel, not just how they function, results in enhanced wellbeing, inclusion, and purposeful productivity.

By spotlighting social wellness, we move your business beyond short-term solutions and recovery focused initiatives, and towards proactive and preventative wellness that works for every body, and every mind.

PASSION LED  
US HERE



## STRATEGY CONSULTING



A key requirement for a successful transition from a calendar of events to a culture of wellness, is strategy. Research consistently shows that it significantly increases return on investment, and value on investment.

*Programs generating the highest returns to employers focused on organisation-wide activities driving cultural change, in addition to proactive and reactive mental health support. This kind of program achieved returns of 6:1 on average*

*Deloitte. Mental health and employers – Refreshing the case for investment. 2020*

Our Founder Jade Ecobichon-Gray, brings over a decade of industry experience and academic insight into strategic consulting. Jade will provide an objective analysis of your starting point, achieved through data exploration, employee engagement, stakeholder interviews and current industry insight. She will then take your business on a journey of collaborative and inclusive strategy development resulting in a fresh, innovative and unique approach to workplace wellness for the future.

# PRICING



## Strategy Consulting

£5995.00

- Needs analysis & employee engagement
- Recommendations for Success Report
- Strategy Workshop for Senior Managers
- Co-production of wellness strategy
- 6-month follow-up

Duration - 30 hours over 3 months

# CONTACT US

For more information about our range of services and products head over to our website for detailed information, testimonials and a gallery of clients we have worked with.

[www.mindsetmatters.uk](http://www.mindsetmatters.uk)

Alternatively, if you'd like to schedule an informal call to ask us a question or discuss your business requirements please do schedule a suitable time and date using the link below

[Lets Connect](#)



To stay up-to-date with our news, articles and events head on over to [LinkedIn](#) and connect with Jade.

*I have had the pleasure of working with Jade on a number of projects. Jade is a social wellness expert who as a fellow well-being practitioner, I respect greatly.*

*A consultant who brings passion, commitment, and an evidence-based insight to her work, Jade really encourages out the box thinking regarding what it means for us all to embrace social wellness.*

*A real pleasure to work with*

*Dr. Glenda Rivoallan (Speaker, Author, NED and Consultant)*